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Objective: The students will play two open notes.

Evidence of Mastery: The students will use techniques prescribed in the lesson to help them achieve performance of two open notes. Preferably the notes will be F and B-flat.

Materials: Trombones, and a Piano

Steps:

1. Have student put case on the ground correctly.
 - a. Buckles fall down.
2. Have students stand up tall and instruct them on how to stand with good posture. Use specific vocabulary to guide the students, and relay that instruction to have them sit up correctly in a chair.
 - a. Reach up as high as you can.
 - b. Top of your head is being pulled up from a string.
 - c. Lower down while keeping your upper body the same as if you were standing.
3. Teach breathing to the students mainly through the use of modeling. Cover quasi-breathing gym techniques.
 - a. In through the nose and sighs
 - b. Moving the stomach
 - c. "How, Wow, Whoa, Minnesota" for oral shape
 - d. Filling all the way up without raising the shoulders
4. Safely open the case and only remove the mouthpiece.
5. Explain to the students the different techniques of buzzing while also being a model for them. Introduce the concept of an embouchure as well as how to properly hold the mouthpiece. Use special learning techniques to help.
 - a. "Make it Fancy"
 - b. Floppy Horse to Tightened Buzz
 - c. Buzz specific pitch
 - d. Sirens
6. Buzz F and B-flat on mouthpiece.
 - a. Play F on the piano.
 - b. Have everyone hum and sing the pitch.
 - c. Play the pitch on the mouthpiece.
 - d. Repeat for B-flat.
7. Assemble the instrument correctly. Making sure all the pieces are oriented correctly and understandably so the students will have an easy time and not drop anything. Mirroring will help students understanding.
 - a. Open the case properly on the ground.
 - b. Put the mouthpiece back in the case.
 - c. Introduce the slide lock.
 - d. Take the slide out first with the taller side on the students left side.

- e. The take the body of the instrument and screw it in with the bell of the instrument away from the student. Make sure that the slide and bell are making a small angles so students can move their fingers across the slide.
 - f. Make sure the slide is locked.
8. Introduce the correct posture of the instrument so that the students will be comfortable while playing.
 - a. Left hand "EYYYY"
 - b. Right hand "Spock"
 - c. Bow of the horn rests on your shoulder next to your neck.
9. Finally we will have the students play the two pitches. Starting with F and going to B-Flat with the help of the piano.
 - a. Play F on the piano.
 - b. Have students sing it together.
 - c. Remind students the posture and breathing they learned previously in the lesson.
 - d. Have students play and F.
 - e. Repeat steps A, B, and D for the pitch B-Flat.
 - f. Have students practice individually if time is allowed and give individual comments.

Conclusion: Combing the techniques in posture definition and how a musician is supposed to breathe, along with aural recognition of pitch, the students will be better prepared to play two open notes. After introducing how to approach the mouthpiece, the students will perform the two open notes within the lesson.